

# WHAT IT MEANS TO PEE LIKE A RACE HORSE

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## Detention Barn Technician

Minnesota Racing Commission at  
Canterbury Park  
Shakopee, MN  
May to August 2024



### Fun Facts:

Majority of the horses I worked with were trained to pee when we whistled

"I have to pee like a race horse" comes from race horses having to pee so bad since lasix is a diuretic

### Main Tasks:

- Obtaining and assisting veterinarians with collection of urine and blood samples from equine
- Assisting private veterinarians with lasix injections four hours prior to racing
- Treating and assisting veterinarians in the treatment of heat exhaustion, heat stroke, and rhabdomyolysis

### Skills

### Developed:

- Identifying lamenesses and abnormalities in the legs of equine by watching them jog and palpating limbs
- Ability to identify heat exhaustion, heat stroke, and rhabdomyolysis in equine
- Professional communication with veterinarians, grooms, trainers, and owners



### New Experiences:

Working in the veterinarians office and helping with:

- Out of competition blood testing
- Pre-race vet checks of equine
- Working horses for a specific time
- Preparing veterinary cards

Working with standardbreds at Running Aces who use sulkys rather than having jockeys



### Advice:

Internships are so vital for forming professional relationships and networking withing the industry, and this internship has continued to provide me oportunites to work with different veterinarians at different race racks

### Testimonial:

This experience really solidified the future I see for myself and gave me the final push I needed to apply to vet school with an equine preference. I hope to be an equine sports medicine veterinarian in my future, and work at a race track.